

Nature Cure Institute is very pleased to announce unique Certificate Course in Bach Flower Therapy.

Welcome to safe natural and non-violent world of natural medicine.

Founded in 1985, it's affordable and accessible home study courses produce army of thousands of nature cure practitioners. This new course broadens our holistic approach. Our staff is committed to making your course a rewarding, memorable experience. It is only aim to bring relief of suffering not only to privileged few but all people.

Bach Flower Remedies

Can people really die of grief? or become sick with worry? Till recently the answer was cautious 'may be' but now it is definite 'yes'. Latest research shows that the body and mind connection is a real one. It is now accepted fact that stress plays a major rile in disease. Two renowned Doctors from Heart Care Foundation of India, on the World Health Day said 'anger, greed, hatred, jealousy, fears and violence should not be given a place in your thoughts as these reduce the body's natural resistance. Instead one must have qualities like kindness, love, forgiveness, sympathy etc. to remain physically fit.

The same thought were laid down some years ago by a British Bacteriologist and Homeopath Dr. Edward Bach, but he being a homeopath his thoughts was not given much importance. In the age of antibiotics no physician will tell these facts to his patients. Dr. Bach recognized that many of his patient's physical ills were directly related to certain negative state of mind. After years of research he discovered a set of 38 flower and herbal remedies that work on the deep disharmony within the patient and, in doing so, pave the way to way to recovery from physical symptoms.

Headache, hypertension due to work stress, insomnia due to worries, trembling due to fear shows body mind connection. Stress can alter body chemistry. Graying of hairs due to sudden mental shock shows mind and body interactions. Stress and negative mental emotions slows down the digestion, acid secretions and undigested food can remain in the stomach and intestines for dangerously long period resulting in toxic stage of blood.

Heal the mind, Heal the body was the message of Dr. Bach. A healthy body can give beautiful face and for a healthy body a healthy mind is needed which is possibly due to discovery of flower remedies.

In case of beauty problem no notice of physical symptoms will be taken but patient's negative emotions will only be treated with indicated remedy. Once negative emotions are destroyed the final result is perfect general health with lasting radiance.

According to Dr. Bach whole of the mankind is suffering from 38 types of negative emotions which is primary cause of all physical troubles. He discovered 38 flower remedies to treat these. The main 38 remedies and symptoms for which Bach Flower Remedies are recommended are as follows.

The therapy needs no knowledge of disease. The remedies are prescribed not directly for the physical complaint but exclusively according to mental state of the patient, his moods, according to his general outlook on life. For example : If you are suffering from boredom and have lost interest in life you will be given 'Wild Rose', if you take refuge in possessiveness and self pity, you will get 'chicory' to brace you up, if you are impatience and high strung 'Impatience' will be your remedy.

The remedies apparently remove negative emotions and restore health. It is well known that a long recurrent fear or worry depletes and individual's vitality. Under these conditions body loses its natural resistance and can easily fall prey to any disease and trouble like hair falling, hair graying, baldness, skin rashes, black discoloration around eyes, breast atrophy, myopia, obesity or emaciation etc. Hence it is the patient and not the disease which needs treatment. The therapy, quixotic as it sounds is no fad or a set of quack's cures. The Queen of England has a Bach flower therapist in her panel of personal physicians. In India, former President Zail Singh was a firm believer in the therapy.

I am using these remedies for the last 15 years and found very useful not only in beauty problems only but for a range of maladies ranging from asthma, skin diseases, ulcers, insomnia. I have also used these successfully in cases of drug addiction, broken marriages, domestic violence and behavioral abnormalities.

The remedies are available with all homoeopathic chemists. As these are prepared with the help of flowers of wild plants using distilled water and sunlight none of them is harmful or habit forming. All remedies are begin in their action and can result in no unpleasant reactions. Hence can be taken by anyone. More than one remedy can be taken at a time. Dose is 2 drops of each chosen remedy in a cup of water thrice a day.

What are the Bach Flower Remedies?

The Bach Flower Remedies are 38 homeopathically prepared plant and flower based remedies, each one specially devised to treat a different feeling.

They help you to manage the emotional demands of everyday life, the kind of feelings that affect everyday life in the 90s.

They are the original flower remedies made according to the exact traditions of Dr. Edward Bach.

The Bach Flower Remedies work by stimulating the body's own capacity to heal itself, by balancing negative feelings, helping you to take control, feel good about yourself and get more out of life.

The Bach Flower Remedies are unique, simple to use, suitable for all the family and widely available from all major pharmacies and health food stores.

Where do Bach Flower Remedies come from?

The Bach Flower Remedies were created by a Harley Street Doctor, Edward Bach, in the 1930s. His philosophy, "A healthy mind ensures a healthy body", was ahead of its time when you consider that today more and more medical experts are acknowledging the links between our mental and physical health.

Dr. Bach devised a system of seven major emotional groups under which people could be classified, such as Fear, Uncertainty or Loneliness. He categorized 38 negative states of mind under these groups. Then, using his knowledge of homoeopathy, Dr. Bach formulated a plant or flower based remedy to treat each of these emotional states - these are the unique Bach Flower Remedies.

The Dr. Edward Bach Centre, Mount Vernon, Oxfordshire was where Dr. Bach lived and worked and discovered his healing flowers in

the surrounding fields and hedgerows. These same flower locations are still used in the preparation of the Bach Flower Remedies by the present custodians, who are dedicated to maintaining the method and use of the Remedies as intended by Dr. Bach. It also acts as the education and training centre on the Bach Flower Remedies.

GENERAL INFORMATION

ELIGIBILITY :

There is no Prerequisite other than a good general education and commitment to treating to other with accuracy.

The course will also meet the needs of naturopaths, homoeopaths, vaidyas, physicians, acupuncturists, dieticians, nurses who wish to expands and diversify their practice.

EXAMINATION :

Exam is taken in the students own home, who is required to sign an attestation that it is their own unaided work.

CASE STUDIES :

Student have to send 5 case studies along with answer papers or face a short oral exam by telephone.

SYLLABUS :

Bach Flower Therapy in theory and practice, discovery and basic healing principles, materia medica of 38 remedies, indication and therapeutic application of Bach Flower Remedies, preparation of remedies, botanical description of remedies, manufacture and supplier of remedies.

Various body system's, general diagnostics methods and case taking, common pathology tests, common Naturopathy treatment, wheatgrass juice therapy, diet as medicine, ethics of practice, how to launch yourself as Bach Flower Therapists etc. Learning tools includes printed lessons and books.

LEGAL STATUS :

There is no legislation pertaining to Bach Flower Therapy. These are also not covered under Drugs Act. So certificate holder has freedom to practice as a Bach Flower Therapist.

DURATION OF THE COURSE :

It is 4 month's course.

As student are not tied to lecture program, student may work at whatever place suitable to them setting their own target. Course may be joined or completed at any time of the year. Each student is given I/Card and ID Number.

COURSE FEE :

The complete course fee is Rs.3,000/- (all inclusive). Filled application is to be send back to Institute along with 2 passport photos and payment in favour of 'Nature Cure Institute, Nasik.' Online payment is possible.

AWARD :

Successful candidates will be awarded with certificate in Bach Flower Therapy of the Institute which will entitle him/her to practice Bach Flower Therapy. Student are also eligible for membership of Association of Bach Flower Therapists.

STUDENT LOCATION :

Student may continue their studies regardless of change of address within a Country.

ENQUIRIES :

Any enquiry should be directed to Registrar of the Institute with ID No., via Telephone, Fax No. or e-mail.

SCOPE :

As per World Health Organization's recent report published World's Mental Health Day, nine crores Indians are suffering from mental illness. No doubt Bach Flower Therapists now a day earn decent living with good income.

APPLICATION FORM
Bach Flower Therapy Home Study Course

NATURE CURE INSTITUTE
Shreeji Chambers, Near Gavkari Press, Tilak Path, Nashik - 422 001

Please enroll me as a student for your Home Study Course in Bach Flower Therapy.

Name: _____

Age: _____ Sex: _____ Occupation: _____

Address: _____

Pin: _____ Phone/Mobile Nos.: _____

Educational Qualification: _____

Medium for the Course : _____

Payment Rs. _____ is sent herewith by Cash/Money Order/Demand
Draft No. _____

Tuition Fees : Complete Correspondence Course Rs.3,000/- to be paid in full with the application. Please make the remittance payable to "NATURE CURE INSTITUTE, NASHIK".

Date: _____ Signature: _____
(Fees are not refundable under any circumstances)

Applicant's signature:

(For Office Use only)

Receipt Date:

Registration No.: